

INSPECT BEFORE YOU CLIMB

WORK SAFELY. PREVENT FALLS.



**TIME TO REVIEW
5 MIN.**



WHY IT MATTERS

Falls are the 3rd leading cause of worker fatalities, and approximately half of those incidents involve ladders. Most ladder accidents can be prevented through proper inspection, correct setup, and safe climbing practices.



TRANSPORT & STORAGE

Protect ladders from damage by:

- Securing ladders during transport
- Avoiding impacts, gouges, & loose hardware
- Storing step ladders in the closed position
- Keeping ladders in a dry, covered location away from moisture and harsh weather

SAFE LADDER USE

- ✓ Select the correct ladder for the job
- ✓ Read all manufacturer labels & never exceed load rating
- ✓ Set ladder on firm, level, & stable surface
- ✓ Ensure all locks & spreaders are fully engaged
- ✓ Maintain three points of contact at all times
- ✓ Use tool belt or hoisting rope to keep both hands free
- ✓ Never use a damaged or defective ladder



INSPECT EVERY TIME



IF A LADDER IS DAMAGED, TAG IT OUT IMMEDIATELY



Clean, sturdy steps and rungs free of grease, oil, and damage



Rails and legs free of cracks, splits, bends, or other structural damage



Braces, bolts, screws, and fasteners secure and tight



Feet and non-slip pads in good condition



Extension ladder locks engage properly and rope is not frayed



Wood ladders are unpainted and free of cracks or splits



Metal and fiberglass ladders show no bends, breaks, or corrosion



REMEMBER!



INSPECT



SET UP SAFELY



CLIMB SAFELY

LANCASTER SAFETY